

MAKE A LASTING CONNECTION IN 2015!

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Connections Professional Networking **Luncheon Friday, July 10, 2015**

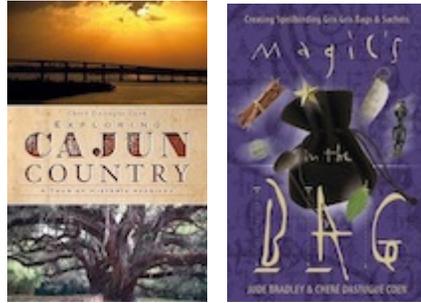
Guest Speaker



Cheré Dastugue Coen

Cheré Dastugue Coen is an award-winning journalist and author living in Lafayette, Louisiana. A native of New Orleans, Cheré began her career in communications at the 1984 World's Fair. She has worked or written for Variety magazine in Hollywood, TravelAge West magazine, the Advocate

newspaper in Baton Rouge, Gambit Weekly in New Orleans, AAA and the Gannett newspapers of Louisiana, among many other publications. She currently works as a freelance travel and food writer, plus pens the weekly books column and newsletter, Louisiana Book News.



Her nonfiction books include “Forest Hill, Louisiana: A Bloom Town History,” “Haunted Lafayette, Louisiana” and “Exploring Cajun Country: A Tour of Historic Acadiana” by The History Press; the cookbook travelogue “Cooking in Cajun Country” with “Cajun” Karl Breaux (2009, Gibbs Smith Publishing) and “Magic's in the Bag: Creating Spellbinding Gris Gris Bags and Sachets,” with Jude Bradley (2010, Llewellyn).

Her fiction include the Kensington historical romances (under the pen name of Cherie Claire) “A Cajun Dream,” “Snow Angels” anthology and “The Acadians” historical series of “Emilie,” “Rose,” “Gabrielle” and “Delphine.”

Visit her blogs
WeirdSouth.blogspot.com,
HauntedDeepSouth.blogspot.com,
LouisianaBookNews.blogspot.com
and her web site,
<http://cherecoen.wix.com/cherecoen>

Please join us for a wonderful networking experience!

Petroleum Club

Lunch Buffet \$18

Please RSVP* by noon Wednesday, July 8th. It is important that you let us know if you plan to attend.

email: connectionsprofnet@gmail.com or

RSVP on website <http://www.connectionsforwomen.net/>

To prevent Connections being charged by the Petroleum Club for no-shows, if you need to cancel your RSVP please do so by 10:00 am on the Thursday prior to the meeting. We need to confirm our numbers with Petroleum Club by 11:00 am the day before.

To cancel, please send email to connectionsprofnet@gmail.com or call 658-9590.

Connections accepts cash or checks. Please have your check made payable to Connections prior to arriving at the meeting to expedite registration.

President's Message



It only seems natural to focus on independence this month of July. Our great nation was born on July 4th, 1776, a mere 239 years ago. Our country, as with most things that stand the test of time, has had to evolve and adapt. There is not much mentioned in the history books about the role of women in the development and growth of the United States. So I decided to pay homage to some of these pioneers with a few fun facts or timeline of the efforts getting women in the workplace!

1848 – The first women’s right convention is held in Seneca Falls, New York.

1850 – The first National Women’s Rights Convention took place in Worcester, Massachusetts.

1869 – The National Woman Suffrage Assoc and the American Woman Suffrage Assoc form.

1870 – Women begin serving on juries in the Territory of Wyoming.

1893 – Colorado becomes the first state to adopt an amendment granting women the right to vote.

1896 – The National Association of Colored Women is formed.

1920 – The Women’s Bureau of the Dept of Labor forms to collect information on women in the workforce and safeguard good working conditions for women.

1935 – The National Council of Negro Women organizes and lobbies against job discrimination, racism, and sexism.

1963 – Congress passes the Equal Pay Act, making it illegal for employers to pay a woman less than a man for the same job.

1971 – *Ms. Magazine* is first published as a sample insert in *New Yorkmagazine*; 300,000 copies are sold out in 8 days.

1978 – The Pregnancy Discrimination Act bans employment discrimination against pregnant women.

1986 – *Meritor Savings Bank v. Vinson*, the Supreme Court finds sexual harassment is a form of illegal job discrimination.

2013 – Defense Secretary announced the ban on women serving in combat roles would be lifted.

As you can see, women are still writing their story for the history books. I am so honored to be a part of and help lead such a progressive group of “trail-blazing” women in Connections. While you are celebrating our nation’s independence this 4th of July, I encourage each of you to also reflect on and celebrate the great strides we have made as women in the current workforce!

Cheers to us!

Deirdre Detraz, ANPC

Connections President 2015-2016

Business Spotlight of the Month

Green Nutrition Therapy

Liz Champagne – Registered Dietician/Nutritionist

201 Westmark Blvd,

Lafayette, LA |

337-277-1069

Liz Champagne is local registered dietitian who specializes in functional nutrition. As a functionally trained nutritionist, Liz is able to help her patients identify the root cause of their health challenges and its nutritional connection. Individuals who struggle with weight and/or thyroid challenges, fatigue and/or anxiety issues, sleep challenges, food cravings, Irritable Bowel Syndrome, Diabetes, hormone imbalances, migraines, and/or joint and muscle pains benefit from Liz's expertise. Liz is also specially trained to work with parents of ADD/ADHD, Asperger's, Sensory Processing, and Autism. These children often have underlying yeast and/or bacterial overgrowth challenges which may be impacting their behavior and speech patterns. Dietary intervention is a key component to long term success with management of all of these challenges. For more information, contact Liz at 337-277-1069 or visit her website at GreenNutritionTherapy.com

News & Announcements

NEW Connections website:

<http://www.connectionsforwomen.net/>

Members... You can bring marketing materials, business cards and brochures/flyers to the meeting and place on the door prize table to promote your business!!

Members... You can email announcements, accomplishments, business tips or share good news to Rebecca Taylor and she will share on Connections Facebook page.

Send to: Rebecca@AcadianaProfile.com

Connections Directory

Get connected through our Directory!

We are working toward our 2015 Member Directory. With the print date fast approaching we are asking everyone that appeared in the last directory to check their information for any corrections/updates that need to be made. You can view this information [here](#).

Below is a listing of prices for ads in the 2015 Directory

Business Card Ad: \$40 | With Photo: \$50

Half Page Ad: \$60 | With Photo: \$75

Full Page Ad: \$100

Bring your business card and at each meeting we will draw a name. Your business will then be "Spotlighted" in the next monthly newsletter.

Mark Your Calendar!

Connections Meeting –July 10th

Networking and business card exchange begins at 11:30 a.m.
Meeting starts promptly at 12:00 noon at the Petroleum Club.

Connections Monthly Board Meeting:

Monday, July 13th

11:30 am at Abacus Restaurant on Pinhook

Deadline to submit articles to be included in the next Connections Newsletter is the 21st of the month.

Future Connections' Meetings:

August 14

September 11

October 9

November 13

December 11

January 8

[Read More](#)



Petroleum Club
111 Heymann Boulevard (Oil Center)

Buffet lunch \$18

Please bring cash or **preferred method of payment check.**

Networking begins at 11:30 a.m.

Meeting begins at 12:00 Noon.



Bring a door prize! It's a GREAT way to promote YOUR business!!

**Thank you to our members and
guests for the door prizes donated at
the June meeting!!**



A special thanks to:

Rose Moss (Mary Kay Cosmetics)

Rodlyn Cochran (KATC TV 3)

Nanette Heggie (Investment Partners of Acadiana)

Janice Weber (Acadiana Family Counseling)

Lisa David (Delta Dental)

Stacy Delatte (Melaleuca Wellness Co.)

Gwen Doucet (JD Bank)

JoAnn Pugh



\$1,000 Connections UL Lafayette Scholarship

Connections Professional Woman's Networking Organization awards a minimum of one UL Lafayette Scholarship per year with preference given to a mature woman student between the ages of 24 and 55 - one either returning to college for a career change, or a mature first-time student. Selection is based on academic merit, cumulative GPA 2.5 or higher, and professional promise by the Connections Scholarship Committee. Should you know of a woman meeting the criteria above, please encourage her to contact the UL Lafayette Scholarship Office in Martin Hall for a Connections Scholarship Application. **You may contact JoAnn Pugh for more information at joannpugh@hotmail.com.**

Connections Officers

Dierdre Detraz- President
Cynthia Beslin- President Elect
Eugenia Shedrick – Newsletter VP
Rebecca Taylor– Public Relations VP
Lana Fontenot – Membership VP
Debra Billeaud – Treasurer
Rodlyn Cochran- Program VP
Vonda Broussard - Secretary
Nanette Heggie – Board Member at Large and Career Achievement
Joann Pugh -Scholarship Chairperson

CONNECTIONS PURPOSE AS BY OUR CONNECTIONS CONSTITUTION

SECTION ONE: TO PROVIDE A PROFESSIONAL , EDUCATIONAL AND PERSONAL SUPPORT NETWORK FOR CAREER-ORIENTED WOMEN.

SECTION TWO: TO PROVIDE AN ARENA IN WHICH CAREER-ORIENTED WOMEN CAN MEET ONE ANOTHER.

SECTION THREE: TO PROMOTE PROFESSIONAL ACHIEVEMENTS OF WOMEN IN THE COMMUNITY.

CONNECTIONS is a monthly

SECTION FOUR: TO PROVIDE MODELS FOR THE

newsletter published by the members of CONNECTIONS. For consideration of all information and articles, contact Newsletter Vice President and Editor, Eugenia Shedrick at 337-852-3027 or eugenias@worknet2k.com. If you would like to become a member of CONNECTIONS, contact Lana Fontenot, Membership Vice-President at лана.fontenot@solacc.edu.

COMMUNITY.

Enjoy yourself at our meeting!!

[friend on Facebook](#)

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