

August 2014

Connections Newsletter



Connections Professional Networking

Luncheon Friday, August 1
Petroleum Club

Lunch Buffet \$18

**Please RSVP* By Wednesday July 30 to
connectionsprofnet@gmail.com**

**Notice...We understand that situations come up at the last minute that may prevent you from attending the meeting after you have RSVP'd. To help us in preventing being charged by the Petroleum Club for no-shows, please cancel your RSVP by 10:00 am on the Thursday prior to the meeting, as we need to confirm our numbers with Petroleum Club by 11:00 am. To cancel, please send email to connectionsprofnet.com or call 658-9590.*

Connections accepts cash or checks. Please have your check made payable to Connections prior to arriving at the meeting to expedite registration.



August Guest Speaker

Debra Billeaud

Billeaud Technology

Debra was first introduced to computers and technology early in life during high school after a pioneering female Math teacher taught a computer programming class. This paved the way pursuing a college degree in Computer Science at one of the best Computer departments in the country which is just down the road from us. After graduation, an Information Technology (IT) Operational career

began with positions ranging from software developer, systems administrator, network engineer to IT Management spanning 20+ years. The last 9 years were spent as an IT Audit Manager servicing the Oilfield Service and Healthcare industries and obtaining a Certified Information Systems Auditor (CISA) and Certified Information Security Manager (CISM) designations.

In 2014, an employed career ended and a new company was formed, Billeaud Technology providing IT Auditing and Testing, Business Process Assessment, and IT Project Management services to both Private and Public companies. The Healthcare industry is supported with regulatory compliance assistance and consulting of Meaningful Use, HIPAA Privacy and Security and ICD-10.



PRESIDENT'S MESSAGE Nanette Heggie

Dear Connections Ladies,

Be Encouraged

I recently read this quote from Peter McWilliams: “Our thoughts create our reality -- where we put our focus is the direction we tend to go.”

How true! Our natural tendency may be to focus on the negative--what we want to remove or replace-- rather than on the positive or what we want to create.

So try this on for size:

- Focus on exercise, not the extra pounds. (I want more movement)
- Focus on good interactions, not expect bad ones. (I want positive meetings and experiences)
- Focus on the good in people, not the ugly. (I want to experience the best in people)
- Focus on the number of calls you will make in a day, not the number of times people have told you “no” in the past. (I want to make calls and make a difference)

With the right network, we will have the positive support we need to make these changes. Our friends can help us to see problems we might not otherwise see, and to maneuver through problems rather than perpetuate them.

Remember, sometimes the change we need is as small as a change in our thoughts and beliefs -- a small shift can change our whole direction. It doesn't take any more sweat, money or extra time, just a conscious intention to focus on what we want in life rather than on what we don't want.

Focus on what you want more of in your life today...and you might just get it!

Nanette Soileau Heggie, CFP®
Investment Partners of Acadiana

News & Announcements

Members...Please email announcements and postings to Rebecca Taylor and she will share on Connections Facebook [page!!!](#)

Rebecca@acadianaprofile.com

***Welcome to our new Connections
Members!!!***

"Spotlight on Business"

***Eugenis Shedrick, CSP
Staffing Coordinator
Worknet Staffing***

Worknet Staffing is a full service staffing agency offering temp, temp for hire, direct hire and payroll solutions for various industries. We staff for skilled labor, industrial, clerical and professional positions, helping companies find the help they need and helping applicants find gainful employment. Our Lafayette, La location staffs for the Acadiana area. Whether a company is seeking a receptionist to cover the phones for a day or seeking out a CFO for permanent hire, we can help.

315 S. Coege Rd., Ste 160

Lafayette, LA 70503
Ph: 337-261-5450
eugenias@worknet2k.com

Bring your business card and at each meeting we will draw a name. Your business will then be "Spotlighted" in the next monthly newsletter.

July Meeting

A special thank you to our guest speaker, Missy Paschke-Wood, Festival International de Louisiane.



Petroleum Club
111 Heymann Boulevard (Oil Center)

Buffet lunch \$18

Please bring cash or **preferred method of payment check.**

Networking begins at 11:30 a.m.

Meeting begins at 12:00 Noon.

Please **RSVP*** by noon on **Wednesday, July 30.** It is important that you let us know if you plan to attend.

email: **connectionsprofnet@gmail.com**

Door Prizes

Thank you to our members and guests for the many door prizes donated for the June meeting.



Rodlyn Cochran...Bizzuka
Pat Sonnier...Retired
Gail Wolf...Retired
Andrea Mitchell...Pharmanex
JoAnn Pugh...Community Activist
Lisa Stevens...Drs. Guilbeau & Stelly
Eileen Menard Martin...Ossun Elementary
Debra Billeaud...Billeaud Technologies
Rose Moss...Mary Kay
Barabara Savoie...Awardmaster

Mark Your Calendar!

Connections Meeting – **August 1, 2014**

Networking and business card exchange begins at 11:30 a.m.
Meeting starts promptly at 12:00 noon at the Petroleum Club.

Connections Monthly Board Meeting - **Monday, August 4,**
Rebecca Taylor's office at NOON. address: 128
Demande (near Travel Lodge) 1st floor conference
room.

Deadline to submit articles to be included in the next
Connections Newsletter – August 15.

Mark Your Calendar - Future Connections' Meetings

September 5

October 3

November 7

December 5



\$1000 Connections UL Lafayette Scholarship

Connections Professional Woman's Networking Organization awards a minimum of one UL Lafayette Scholarship per year with preference given to a mature woman student between the ages of 24 and 55 - one either returning to college for a career change, or a mature first-time student. Selection is based on academic merit, cumulative GPA 2.5 or higher, and professional promise by the Connections Scholarship Committee. Should you know of a woman meeting the criteria above,

please encourage her to contact the UL Lafayette
Scholarship Office in Martin Hall for a Connections
Scholarship Application.

FAITH HOUSE IMMEDIATE SUPPLY NEEDS

Laundry Detergent
Dishwashing Liquid
Lysol & Floor Cleaner
Diapers - Sizes 4 & 5
Paper Towels
Towels & Washrags
Ethnic Hair care products
Sanitary products
Twin Sheets & Blankets
Brooms & mops
Paper Plates, Utensils, Bowls, & Cups



**ITEMS NEEDED FOR WHEN WOMEN MOVE OUT OF
SHELTER**

Sheets/Blankets
Carseats & Fans
Pots/Dishes/Utensils Kitchen Tables/Chairs
Furniture (Sofa, Bed, Dresser, Etc.)
Suitcases

**Items can be brought to the Connections' Meeting and Mary Usner
will deliver them to Faith House.**



Connections Officers

Nanette Heggie- President
Deidre Dartez- President Elect
Connie Marcantel – Newsletter VP
Rebecca Taylor– Public Relations VP
Cynthia Beslin – Membership VP
June Brillhart – Treasurer
Fritzie Fine- Program VP
Vonda Broussard - Secretary
Rodlyn Cochran– Board Member at Large
and Career Achievement
Joann Pugh-Scholarship Chairperson
Renee Box - Arrangements Chair

CONNECTIONS is a monthly newsletter published by the members of CONNECTIONS. For consideration of all information and articles, contact Newsletter Vice President and Editor, Connie Marcantel at 406-2650 or connie@acadiana.bbb.org. If you would like to become a member of CONNECTIONS, contact Cynthia Beslin,

CONNECTIONS PURPOSE AS BY OUR CONNECTIONS CONSTITUTION

SECTION ONE: TO PROVIDE A PROFESSIONAL , EDUCATIONAL AND PERSONAL SUPPORT NETWORK FOR CAREER-ORIENTED WOMEN.

SECTION TWO: TO PROVIDE AN ARENA IN WHICH CAREER-ORIENTED WOMEN CAN MEET ONE ANOTHER.

SECTION THREE: TO PROMOTE PROFESSIONAL ACHIEVEMENTS OF WOMEN IN THE COMMUNITY.

SECTION FOUR: TO PROVIDE MODELS FOR THE COMMUNITY.

Enjoy yourself at our meeting!!

Membership Vice-President at 232-1737 or
cynthia.beslin@prudential.com.

Connections Professional Networking for Women, PO Box 51463, Lafayette, LA 70505

If you don't want to receive emails from us anymore, [click here to unsubscribe](#).

PO Box 52976, Lafayette, Louisiana, 70505, United States